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Phone: 011	-25841022 (O)	Fax; 091-011-25842495	E-mail: umesh.sharma	@icar.gov.in
No. Misce	ellaneous/Cdn-20	117-18 2892	Dated: /7 Nov	ember, 2017
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A workshop title Stand Tall-A workshop to end back pain on 18<sup>th</sup> November, 2017 at 03.00 P.M. in the Dr. B. P. Paul Auditorium, ICAR-NBPGR, Pusa Campus, New Delhi to be conducted by Q I Spine Clinic, 30 N.W.A., Club Road, Near Bikanervala, Punjabi Bagh Extn., Delhi, 110026. All interested staff is requested to attend the same.

(U. C. Sharma) Administrative Officer

## Copy to:-

- 1. All HOD's/ OIC Units Cell/ Sr. A.O./ Sr. F&A.O./ D.D.O., NBPGR, New Delhi with request to bring in the notice of all staff under their administrative control.
- 2. Officer-in-Charge, AKMU Cell with request to circulate the same to all staff through e-mail.
  - 3. PA to Sr. Admn. Officer, ICAR-NBPGR, Pusa Campus, New Delhi.
  - 4. PS to the Director, ICAR-NBPGR, Pusa Campus, New Delhi.
  - 5. Dr. Sushma Bhardwaj (P.T), Q I Spine Clinic, 30 N.W.A., Club Road, Near Bikanervala, Punjabi Bagh Extn., Delhi, 110026

Ms. Mandal For m/a pl. Shalla.



- Mrs. Namita Pramod

My back pain has ended,

## HEALTH TALK TO END BACK PAIN

so can yours.

Date: 18th November 2017 Time: 3pm-4pm

Venue:

BP Pal Auditorium, NBPGR Dept, PUSA Campus, Delhi



\*Individual outcomes vary. T & C apply